

Product Ingredient Listing Report

Manufacturer: Mario's Pastizzi

Product: Peas Pastizzi

Size: 600g

Ingredients List

Flour [**Wheat Flour**, Thiamine, Folic Acid], Peas (25%), Water, Vegetable Based **Margarine** [Vegetable Oils and Fats, Water, Salt, Emulsifier 322 (**Soy** Derived), 471), Natural Flavour, Acidity Regulator (330), Natural Colour (160a), Antioxidant (306 (**Soy**)), Onion, Curry, Thickener (1422)

Allergen Listing:

"This product contains the following allergens:

Gluten, Soy

May contain: Beef & Traces: Nuts, Egg, Dairy

Barcode Number:



NUTRITION INFORMATION

Servings per package: 12

Serving size: 50g (approx)

	AVERAGE QUANTITY PER SERVING	% DAILY INTAKE* PER SERVING	AVERAGE QUANTITY PER 100G
Energy	565 kJ (135 Cal)	6%	1130 kJ (270 Cal)
Protein	4.6 g	9%	9.2 g
Fat, Total	4.2 g	6%	8.4 g
- saturated	2.2 g	9%	4.3 g
- trans	LESS THAN 0.1 g		LESS THAN 0.1 g
-polyunsaturated	0.5 g		1.0 g
-monounsaturated	1.6 g		3.1 g
Carbohydrate	18.6 g	6%	37.2 g
- sugars	1.4 g	2%	2.7 g
Dietary Fibre, Total	1.9 g	6%	3.8 g
Sodium	235 mg	10%	470 mg

*Percentage Daily Intakes are based on an average adult diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.